



















Lunch menu from September 2022

 = main meal vegetarian option



	Menu A	Menu B	Menu C	
Main meal	Monday	Chicken Nuggets (100% chicken baked in a crispy coated batter) Potato Wedges Baked Beans or Peas  Vegetarian Nuggets	Monday Brunch including Sausage, Bacon, Hash Brown, Baked Beans and Scrambled Egg  Vegetarian Monday Brunch	Beef Burger in a Bap (100% beef) Crispy Diced Potatoes Baked Beans or Corn on the Cob Rainbow Coleslaw  Vegetarian Burger in a Bap
	Tuesday	Pork Meatballs in Tomato Sauce with Pasta & Garlic Bread  Macaroni Cheese	Beef Pasta Bake in a Tomato & Basil Sauce with Garlic Bread  Vegetarian Pasta Bake	Chicken Fajita (build your own) with Mexican Rice and Salsa  Falafel
	Wednesday	Roast Ham Roast Potatoes Choice of Vegetables Gravy  Broccoli / Cauliflower Cheese Bake	Home Made Chicken Pie Creamy Mash Potato Vegetable Selection Gravy  Vegetarian Pie	Roast Pork Sausages Yorkshire Pudding Roast Potatoes Selection of vegetables Gravy  Vegetarian Sausages
	Thursday	Chinese Chicken Curry Stir Fry Vegetables  Chinese Vegetarian Curry	Chicken Tikka Rice Naan Bread  Vegetarian Tikka	Chicken Korma Rice Naan Bread  Vegetarian Curry
	Friday	Cod in Breadcrumbs and French Fries Baked Beans or Mushy Peas  Vegetarian Dippers	Cod in Batter and Chips Baked Beans or Mushy Peas  Vegetable Fingers	Fish Nuggets in Breadcrumbs with Chips Baked Beans or Mushy Peas  Vegetarian Tart
		All the above £1.80 per meal		
	Choice of puddings, cheese & biscuits, yogurt, jelly pot or fruit 45p each			
	Selection of juice cartons 50p each Tropical juice cartons 60p each			
	Sachet (vinegar, tomato ketchup, mayonnaise etc.) 10p			
Self-select	Differing daily selection of: pizzas, paninis, toasties, sausage rolls, soft filled baguettes, fresh sandwiches £1.25 each			
	Choice of the salad bar 65p			
	Choice of puddings, cheese & biscuits, yogurt, jelly pot or fruit 45p each Selection of juice cartons 50p each Tropical juice cartons 60p each			
Jacket Potato	Fillings of cheese, tuna, beans (or combination) £1.60			
	Choice of puddings, cheese & biscuits, yogurt, jelly pot or fruit 45p each Selection of juice cartons 50p each Tropical juice cartons 60p each			

